**WEIGHT LOSS WORKS**



**A Dietitian with 40 years of experience, gives you the SIMPLE TRUTH about how to lose weight,**



***the easy way.***

* **NO weighing or measuring**



* **NO counting calories, carbs, points, protein**
* **NO “fit bits” or “medications, or “shakes”**
* **NO group therapy, blogs, tweeting, forums, psychotherapy, bikini challenges or 6 pack challenges**
* **NO Kale, Chia, Apple cider Vinegar, or avoidance of gluten!**

**Learn the simple truth and clear instructions that work. Thousands of people have benefitted and changed their lives forever.**

**HOW DOES THIS SITE WORK?**



1. **WATCH A SHORT VIDEO WHERE JUDY SHARES WITH YOU THE WAY SHE HAS HELPED THOUSANDS OF PEOPLE LOSE WEIGHT.**
2. **PURCHASE WITH A ONCE ONLY PAYMENT OF $99 THEN DOWNLOAD THE SIMPLE WRITTEN MATERIALS YOU NEED:**

**This will include**

* **“What you can eat” (Abundant choice of foods that YOU like and suit your taste and your budget).**
* **“Foods to avoid”. Most of these are foods that can be eaten occasionally such as a weekend meal out or a celebration.**
* **“Shopping list”. Supermarkets are part of life now. While they contain thousands of foods that cause overweight and obesity they also have fantastic foods that make life simple and losing weight easy.**
* **4 week menu that does not require you to be a TV celebrity chef.**
* **Recipes. You can choose to live on. Simple, quick and easy meals.**

1. **USE YOUR PERSONAL PIN CODE TO LOG ON TO ANOTHER SESSION WITH JUDY WHERE SHE WILL GO THROUGH THE MATERIALS AND HELP YOU UNDERSTAND HOW YOU CAN EAT IN THE WAY THAT SUITS YOUR LIFETYLE.**

***BEGIN YOUR JOURNEY TO A NEW LIFE OF OPTIMISM HEALTH AND VITALITY.***

***Firstly meet 2 of Judy’s 4 children, twins Jessica and Emily.***

**Video 1.**